

Spiritual Training Part 14

Meeting people's needs with a Jesus attitude (Two perspectives)

Perspective #1

Hello everyone!

We are diving deep again into another spiritual teaching about faith, doubt, and meeting people's needs with a Christ-like attitude.

This message unpacks some powerful truths and examples from scripture, especially focusing on the accounts of Jairus and the woman with the flow of blood in **Mark 5**. So, let's break it down step by step in a way that's easy to follow.

First off, the core idea here is the "**capsule of faith**." Think of it as a visual representation of living in a mindset and heart posture rooted in faith.

It's described as a door (*faith being the entrance*) that leads to every spiritual blessing in heavenly places (**Ephesians 1:3**).

On the flip side, there's the "**capsule of doubt**," which is filled with fear, worry, and negativity.

The goal?

Stay in the capsule of faith—it preserves your soul and aligns you with God's will (**Hebrews 10:38-39**).

Now, let's talk about the two accounts from **Mark 5**:

Jairus

Jairus was in desperate need—his daughter was at the point of death. But notice his approach. He came to Jesus with a clear faith statement: "Come and lay Your hands on her, that she may be healed, and she will live" (**Mark 5:23**).

He was fully convinced of Jesus' power. That's faith in action! Even when a negative report came saying his daughter had died (**Mark 5:35**), Jesus immediately countered it with words of faith: "**Do not be afraid; only believe**" (**Mark 5:36**).

Jesus didn't entertain doubt for even a second—He stayed focused on faith, and that's what He calls us to do too.

The Woman with the Flow of Blood

This woman had been suffering for 12 years and had tried everything to get better, but nothing worked. She had a need—a supportive need—and she knew where to go. Her faith was bold and specific: "If only I may touch His clothes, I shall be made well" (**Mark 5:28**).

And guess what? She was healed immediately. Jesus recognized her touch as one of faith and affirmed her: "Daughter, your faith has made you well. Go in peace" (**Mark 5:34**).

She chose the door of faith, and within that door was healing, boldness, and peace.

Key Takeaways

1. Faith vs. Doubt: Words matter. In both accounts, we see a battle between **words of faith** and **words of doubt**.

Jairus was told his daughter had died—a **negative report**—but **Jesus redirected him to faith**. Similarly, the woman acted on her conviction despite her long-term suffering.

2. Meeting Needs with a Jesus Attitude: The teaching highlights seven types of needs (spiritual, practical, mental, personal, supportive, effectiveness, emotional) from **Romans 12:6-8**.

Knowing your spiritual gift can help you meet these needs in others with the right attitude—one rooted in love and faith.

3. Living in the Capsule of Faith: Staying within faith means trusting God fully, being bold in your beliefs, and rejecting fear and worry.

Anything outside of faith is sin (**Romans 14:23**). Jesus modeled this perfectly—**He was always fully convinced of His Father's will**.

4. Action is Key: It's not just about studying scripture; it's about living it out. **James 1:22** reminds us to be doers of the Word, not just hearers.

Whether it's responding to someone in need or maintaining your testimony in everyday situations (*like the store example in the teaching*), staying in the capsule of faith allows you to **reflect Christ**.

What Does This Mean for Us?

It's simple but challenging, **choose faith daily**. When doubts creep in or negative words are spoken around you, remember Jesus' example—He didn't entertain fear or worry; **He spoke life and truth**. The **capsule of faith** isn't just a concept; **it's a way to live boldly and confidently in God's promises**.

So, as you reflect on these teachings, ask yourself:

- Are my words lined up with faith or doubt?
- How can I use my spiritual gifts to meet others' needs?
- Am I fully convinced of God's ability to work in my life?

Let this message inspire you to take those **steps** of faith—not just in big moments but in everyday situations too.

Keep studying, keep growing, and most importantly, keep living out what you learn.

Until next time—stay rooted in faith!

**Cheers,
Your Spiritual Encourager**

Perspective #2

Meeting People's Needs with a Jesus Attitude: Spiritual Training Insights

In the journey of spiritual growth and service, understanding how to meet people's needs with a Jesus attitude is paramount.

This principle is beautifully illustrated in two biblical accounts: Jairus, a synagogue ruler seeking healing for his dying daughter, and a woman suffering from a twelve-year flow of blood.

Both individuals had pressing needs, and their encounters with Jesus reveal profound lessons about faith, action, and the importance of addressing human needs through divine wisdom.

Understanding Human Needs Through Charisma Gifts

Human needs manifest in diverse forms, and **Romans 12:6-8** identifies seven charisma gifts designed to meet these needs effectively:

- 1. Insight:** Addresses **spiritual needs**, offering guidance and revelation.
- 2. Server:** Meets **practical needs**, embodying acts of service and support.
- 3. Teacher:** Fulfills **mental needs** by imparting knowledge and understanding.
- 4. Exhorter:** Responds to **personal needs** through encouragement and motivation.
- 5. Contributor:** Supplies **supportive needs**, ensuring resources are available.
- 6. Facilitator:** Enhances **effectiveness needs** by organizing and enabling progress.
- 7. Mercy:** Comforts **emotional needs**, extending compassion and care.

These gifts are tools for believers to operate within their God-given purpose, ensuring that every need is met with intentionality and love.

The Capsule of Faith: A Spiritual Framework

Central to meeting needs with a Jesus attitude is the concept of the "capsule of faith."

This metaphorical capsule represents living in harmony with faith, where every spiritual blessing in heavenly places is accessible (**Ephesians 1:3**).

It **contrasts sharply** with the "**capsule of doubt**," which is filled with unbelief, fear, and worry.

The capsule of faith is described as a single door—faith—that **moves through the spiritual realm**, navigating the cracks of life’s situations.

Staying within this capsule preserves the soul, as highlighted in **Hebrews 10:38-39**: “But my righteous one shall live by faith... we are not of those who shrink back and are destroyed, but of those who have faith and keep their souls.”

Operating outside this capsule leads to sin, as **Romans 14:23** reminds us that whatever does not proceed from faith is sin.

Observing Faith in Action: Jairus and the Woman with the Flow of Blood

The accounts of Jairus and the bleeding woman provide rich insights into how faith operates in real-life situations:

Jairus’s Faith

Jairus approached Jesus with a clear faith statement: “My little daughter lies at the point of death. Come and lay Your hands on her, that she may be healed, and she will live” (**Mark 5:23**).

His words revealed his **conviction** in Jesus’ ability to heal—a **demonstration** of unwavering faith.

As Jesus began moving toward Jairus’s home, **another situation emerged** that momentarily **delayed Him**: the woman with the flow of blood.

The Woman’s Faith

The woman, suffering for twelve years despite seeking medical help, displayed remarkable faith.

She believed that simply touching Jesus’ garment would heal her: “If only I may touch His clothes, I shall be made well” (**Mark 5:28**).

Her action was **driven by her conviction in Jesus’ power**, and her need—a **supportive need**—was met immediately when her affliction was healed.

Jesus acknowledged her faith, saying, “Daughter, your faith has made you well. Go in peace, and be healed of your affliction” (**Mark 5:34**). **Her choice** to enter the door of faith brought healing, peace, and restoration.

Words as Instruments of Faith or Doubt

The interaction between **words of faith and words of doubt** is pivotal in these accounts.

While Jairus's faith was momentarily challenged by the **negative report** from his household—"Your daughter is dead. Why trouble the Teacher any further?" (**Mark 5:35**)—**Jesus countered with words of faith**: "Do not be afraid; only believe" (**Mark 5:36**).

This **battle of words** underscores the importance of **speaking life-giving words rooted in faith** rather than succumbing to fear or doubt.

Jesus consistently operated within His capsule of faith, setting an example for us to follow.

Living Within the Capsule of Faith

Jesus exemplified living within the capsule of faith throughout His earthly ministry.

He was fully convinced of His Father's will and power, demonstrating unwavering belief in every circumstance. This lifestyle invites believers to emulate His example:

- 1. Speak Words of Faith:** Like Jesus, we must **be intentional** about speaking words that align with faith, boldness, and peace.
- 2. Stay Focused on God's Will:** Despite delays or challenges, **maintaining focus** on God's promises ensures that we remain within the capsule of faith.
- 3. Set an Example for Others:** As followers of Christ, our lives should reflect His footsteps so others can see and emulate His way.

Practical Application: Diligent Study and Action

Meeting people's needs with a Jesus attitude requires both **diligent study** and **practical action**. **James 1:22** reminds us to be doers of the word, not merely hearers.

Studying Scripture equips us with an **understanding** of God's principles while **action ensures we live out those truths**.

For instance, consider a real-life scenario where a long line at a store prompted frustration among customers.

Instead of reacting negatively, **choosing** to remain **calm**, embodying Christ-like **patience**, and using **delegated authority** in the spirit realm sets an example for others.

This approach demonstrates living within the capsule of faith while maintaining a testimony that reflects Christ's character.

Following Christ's Example

Scripture repeatedly calls believers to follow Christ's example:

- **1 Peter 2:21**: “For Christ also suffered for you, leaving you [His personal] example, so that you should follow in His footsteps.”
- **1 John 2:6**: “He who says he abides in him ought to walk in the same way in which he walked.”
- **1 Corinthians 11:1**: “Pattern yourselves after me [follow my example], as I imitate and follow Christ.”

Jesus lived within the door of faith because He **knew** His Father's will and was **fully convinced** that His Father was **able**.

This conviction empowered Him to **meet people's needs** with compassion, boldness, and effectiveness.

Conclusion

Meeting people's needs with a Jesus attitude begins with understanding human needs through spiritual gifts, operating within the capsule of faith, and following Christ's example.

The accounts of Jairus and the bleeding woman illustrate how faith directs our steps and enables us to address needs effectively.

As believers, diligent study and intentional action are essential for living out these principles.

By staying within the capsule of faith—speaking words in harmony with God's truth—and setting an example for others, we fulfill our calling to meet needs with compassion and love while glorifying God in every circumstance.

To be continued...

[Click here.](#) Original source.

[Click here.](#) Valuable Insights #11 How to maintain a Jesus Attitude (Lots of Spiritual food on this page)